



# **Peninsula Dental Social Enterprise (PDSE)**

## **Denture care – Permanent soft linings**

**Version 1.0**

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## **Care of permanent soft linings – Patient Information Card**

A soft denture liner has been applied to the inner surface of your denture. This acts as a cushion between the soft tissue of your mouth and the hard plastic denture base.

### **Please observe the following cleaning instructions:**

- Rinse the denture thoroughly after every meal and remove debris by brushing gently with a soft brush, soap and cold water.
- This is best carried out over a basin of water so that, if you accidentally drop the denture, it will not break.
- Soak the denture in an alkaline hypochlorite solution, preferably Milton, for ten minutes in the evening. If you prefer, select a denture cleanser from your local chemist.
- Then rinse the denture thoroughly with cold water and soak in water overnight.
- Tartar and other substances may form deposits on your denture. These should be removed by your dentist.
- Soft linings normally last about 18 months, before they significantly deteriorate.
- If they deteriorate, cause irritation, or if your denture is damaged or does not fit properly, please telephone 0845 155 8109. An answerphone facility to record your message is available if the Receptionist is not present.